

**SERMON
STUDY
NOTES**

**Prepared by
Pastor David Bellows**

“What The Heart Is Full Of”

Proverbs 18:21 NLT

The tongue can bring death or life...

Luke 6:43-45 NLT

“No good tree bears bad fruit, nor does a bad tree bear good fruit. Each tree is recognized by its own fruit. People do not pick figs from thornbushes, or grapes from briars. A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

James 3:8 NLT

...but no one can tame the tongue.

The tongue is the method,
the words are the product,
but the heart is the root.

Pride

Genesis 3:5-6 NLT

“God knows that your eyes will be opened as soon as you eat it, and you **will be like God**, knowing both good and evil.”

The woman was convinced. She saw that the tree was beautiful and its fruit looked delicious, and she wanted the wisdom it would give her. So **she took some of the fruit and ate it**. Then she gave some to her husband, who was with her, and **he ate it**, too.

Luke 6:44 NLT

Each tree is recognized by its own fruit.

Genesis 3:7 NLT

At that moment their eyes were opened, and they suddenly felt **shame** at their **nakedness**.

“What The Heart Is Full Of”

Message Presented by Pastor David Bellows

Christ’s Church of Marion County

June 7, 2020

Page 2 of 10

Humility

Louie Giglio

“The solution isn’t to zip our lips, but to bend our **knees**.”

James 4:10 NLT

Humble yourselves before the Lord, and **he will lift you up in honor**.

When God trims back **pride**,
humility flourishes.

Pain

Luke 6:43-45 NLT

“No good tree bears bad fruit, nor does a bad tree bear good fruit. Each tree is recognized by its own fruit. People do not pick figs from thornbushes, or grapes from briars. A **good man** brings **good things** out of the **good** stored up in his heart, and an **evil man** brings **evil things** out of the **evil** stored up in his heart. **For the mouth speaks what the heart is full of.**

Galatians 5:22-23 NLT

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

When God prunes **pain**,
the fruit of the spirit blossoms.

*For the mouth **speaks** what the heart is full of.*

When God prunes pain,
the fruit of the spirit blossoms.

Paranoia

Paranoia is the feeling that you are being threatened in some way, such as people watching you or acting against you. A feeling of **mistrust**.

When God prunes **paranoia**,
we experience a life of **purpose**.

“What The Heart Is Full Of”

Message Presented by Pastor David Bellows

Christ’s Church of Marion County

June 7, 2020

Page 3 of 10

John 10:10 NLT

The thief's purpose is to steal and kill and destroy. **My purpose is to give them a rich and satisfying life.**

ESV

I came that they may have life and have it abundantly.

Life with **Jesus Christ** is a life of **purpose**.

Romans 12:2 NLT

Don't copy the behavior and customs of this world, but **let God transform you** into a new person by **changing the way you think**. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Landon Sherman

A change in **words** begins with a change of heart, and a change of heart is only possible through Jesus.

"What The Heart Is Full Of"

Message Presented by Pastor David Bellows

Christ's Church of Marion County

June 7, 2020

Page 4 of 10

Small Group Study Notes

**Prepared by
Small Groups Pastor
Ray Westman**

“What The Heart Is Full Of”

Message Presented by Pastor David Bellows

Christ’s Church of Marion County

June 7, 2020

Page 5 of 10

“What the Heart Is Full Of”

Proverbs 18:21 says: The tongue can bring death or life...

The Midrash, an ancient Hebrew commentary of the Bible, says the evil tongue slays three: the slanderer, the slandered and the listener.

Read: Luke 6:43-45 (NLT) “A good tree can’t produce bad fruit, and a bad tree can’t produce good fruit. 44 A tree is identified by its fruit. Figs are never gathered from thorn bushes, and grapes are not picked from bramble bushes. 45 A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

Discuss these verses:

A good tree does not bear bad fruit...every tree is known by its own fruit: This fruit is the inevitable result of who we are. Eventually – though it may take a

time for the harvest to come – the good or bad fruit is evident, revealing what sort of tree we are. Not every tree is the same.

“Not to have good fruit is to have evil: there can be no innocent sterility in the invisible tree of the heart. He that brings forth no fruit, and he that brings forth bad fruit, are both only fit for the fire.” (Clarke)

“It is not merely the wicked, the bearer of poison berries, that will be cut down; but the neutral, the man who bears no fruit of positive virtue must also be cast into the fire.” (Spurgeon)

Just before this Jesus warned us to judge ourselves first, to look for the speck in our own eye before turning our attention to the beam in our neighbor’s eye. Therefore before asking it of anyone else, we should first ask: “Do I bear fruit unto God’s glory myself ?”

“What The Heart Is Full Of”

Message Presented by Pastor David Bellows

Christ’s Church of Marion County

June 7, 2020

Page 7 of 10

Our words reveal our heart. If there is good treasure in the heart, it will show; if evil, that also will show in time. Our words say more about us than we think and reveal that some are good men and some are evil men.

James 3:8 (NLT) ... but no one can tame the tongue. It is restless and evil, full of deadly poison.

There is a story that says a woman once came to John Wesley and said; "I know my gift and that it to speak my mind." And Wesley said; "I don't think God would mind if you buried that talent!"

Speaking out on what comes to mind is often times quite dangerous.

David spoke of pride in his sermon and Adam and Eve. It was pride that enticed them to eat of the fruit of the tree. It was Pride that caused the fall.

Our pride gets in the way of our fellowship with God and each other.

Discuss pride and the fall and how we can control our pride.

The cure then, for pried is humility. Louie Giglio said; "The solution isn't to zip our lips, but to bend our knees".

"What The Heart Is Full Of"

Message Presented by Pastor David Bellows

Christ's Church of Marion County

June 7, 2020

Page 8 of 10

Discuss the difference between zipping our lips and bending our knees and why humility helps us defeat pride.

David said in his sermon when God trims back pride, humility flourishes.

He also mentioned pain and said when God prunes pain the fruit of the Spirit blossoms for the mouth speaks what the heart is full of.

Discuss this in conjunction with:

Luke 6:43-45 (NLT) “A good tree can’t produce bad fruit, and a bad tree can’t produce good fruit. 44 A tree is identified by its fruit. Figs are never gathered from thorn bushes, and grapes are not picked from bramble bushes. 45 A good person produces good things from the treasury of a good heart, and an evil person produces evil things from the treasury of an evil heart. What you say flows from what is in your heart.

“What The Heart Is Full Of”

Message Presented by Pastor David Bellows

Christ’s Church of Marion County

June 7, 2020

Page 9 of 10

Paranoia was defined as feeling that you are being threatened in some way, such as people watching you or acting out against you. A feeling of mistrust.

David said when God prunes paranoia we experience a life of purpose.

Discuss these verses:

John 10:10 (NLT) The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.

Romans 12:2 (NLT) Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Discuss: The only way to transform your mind is to change the way you think and say and as Landon Sherman said: A change of words begins with a change of heart and a change of heart is only possible through Jesus.

"What The Heart Is Full Of"

Message Presented by Pastor David Bellows

Christ's Church of Marion County

June 7, 2020

Page 10 of 10