

**“GUARDRAILS: The Heart of the Matter”**

*Christ’s Church of Marion County*

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*Above all else guard your heart...*

**How is the heart defined biblically?**

**In Hebrew... לֵב (leb)**

*The heart is defined as your inner self, mind, will, heart*

**In Greek... καρδία (kardia)**

*The heart is defined as the heart; mind, character, inner self, will, intention, center*

*Why should we guard our heart?*

**Because your heart is extremely valuable**

**Because your heart is the source of everything you do**

**Because your heart is under constant attack**

*Proverbs 4:23-27*

Above all else, guard your heart,  
for everything you do flows from it.

Keep your mouth free of perversity;  
keep corrupt talk far from your lips.

Let your eyes look straight ahead;  
fix your gaze directly before you.

Give careful thought to the paths for your feet  
and be steadfast in all your ways.

Do not turn to the right or the left;  
keep your foot from evil.

